

PONTOON WEST COAST

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Music: Pontoon Artist: Little Big Town, Single available for download Itunes, etc.

Time/Speed As downloaded 3:34@45 Recommend speed, plus 4%

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm/Phase: West Coast Swing Phase V+1 [Whip Inside Turn]

Difficulty: Average

Sequence: INTRO- A- A- B- INTER- A- B- C- INTER- B- D-END

INTRO

1-4 Left Open Facing LOD LEAD FT FREE WAIT 2 MEAS;; SLOW SWVL BK TO BK; SLOW SWVL TO FC;

(1-2) Left Open Facing LOD LEAD FT FREE Wait; Wait;

(3) **{Slow Swvl Bk-to-Bk}** Softening R knee fwd L both knees soft, over the rest of the meas swivel RF on L & straighten L leg pt R fwd raising trail hand straight up palm out end "V" BK-to-BK Pos M fcg DRW (W fcg DLW);

(4) **{Slow Swvl to FC}** Softening L knee rec R both knees soft, over the rest of the measure swivel LF on R & straighten R leg pt L twd ptr placing trail hand on hip end LOP Fcg LOD;

PART A

1-8 SUGR PUSH ~ CHEEK TO CHEEK;;; PUSH BREAK ~ PASSING TUCK & SPN;;; HALF WHP;;

(1-3) **{SUGR PUSH }** Bk L, bk R to tight BFLY tap L fwd, fwd L (W fwd R, fwd L w/slight RF trn to tight BFLY, tap Rib of L, bk R); Anchor R/L,R, **{CHEEK TO CHEEK}** bk L, fwd R comm RF trn; Lift L knee up cont RF trn touching M's L hip to W's R hip, XLif, trng LF anchor R/L, R to fc ptr & LOD;

(4-6) **{PUSH BREAK}** Bk L, bk R to two hnds joined low (W stronger steps to be close to M), bk L/ bring R twd L, small fwd L (W stronger step bk R) end with lead hnds joined; anchor R/L, R, **{PASSING TUCK & SPN}** Bk L trng slightly LF, bk R to fc WALL, tch L tucking W in, trng LF fwd L releasing hnds (W fwd R, fwd L trng LF to fc M, tap R, fwd R trng RF 1/2 to fc M); Anchor R/L, R to fc RLOD joining ld hnds, (Anchor stp L/R, L);

(7-8) **{HALF WHP}** Bk L, fwd & sd R turning RF moving to W's R sd, sd L cont RF trn slightly/ recov fwd R with R sd twd ptr, sd & bk L with R sd still twd ptr to CP LOD; fwd R, fwd L, anchor R/L, R (W fwd R, fwd L trn RF ½ to SCP, bk R/ cl L, fwd R; bk L, bk R, anchor L/R, L) end fcing LOD lead hnds joined;

Repeat Part A

PART B

1-8 U/A TRN to TRPL TRVLR W/ ROLL ~ SUGR PSH;;;;; TUCK & SPN ~ KBC;;

(1-4) **{U/A Trn to TRPL TRVLR W/ ROLL}** Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R hnds palm to palm (W fwd R, L, R/xLif, bk R twd RLOD passing M und jnd hnds trng LF ¾ on last stp to fc COH); Sd chasse R/L, sd & fwd R, pushing lightly w/ R hnds fwd L, fwd R rolling RF 1½ to fc COH joining L hnds palm to palm (W L/R, sd & bk L, roll RF 1 ½ R, L to fc WALL); Sd chasse L/R, sd L & fwd trng ½ LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng ½ RF chg to L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining ld hnds to fc RLOD & ptr;

(5-8) Anchor R/L,R, **{SGR PSH }** Bk L, bk R to tight BFLY tap L fwd, fwd L (W fwd R, fwd L w/slight RF trn to tight BFLY, tap Rib of L, bk R); Anchor R/L,R,

(7-8) **{TUCK & SPN}** Bk L, bk R to tight BFLY hnds low, tch L, fwd L w/soft pull on trailing hnds (fwd R, fwd L slight trn RF to tight BFLY, touch R, brace ld hnds spin RF on R to end fcg ptr) Anchor R/L,R, ld hnds jnd, {KBC} kick L fwd ptg toe/cl L to R on ball of ft, chg wgt back to R;

INTERLUDE

1-4 TUMMY WHP W/ SWEETHEARTS;;;;

(1) **{start tummy whip}** Bk L, rel joined hnds, fwd R trng RF ¼ catch W's R hip as she stps past, sd L cont RF trn/cl R to fc LOD, sd & fwd L (W fwd R, fwd L, fwd R/cl L, bk R);

- (2-3) **{sweethearts}** Fwd R M's R hnd on W's R hip looking at ptr, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd L); Fwd L M's L hnd on W's L hip looking at ptr, rec R, sd L/cl R, sd L (W bk R, rec L sd R/cl L, sd R);
- (4) **{finish tummy whip}** XRib trng ½ RF, fwd L to LOP fcg RLOD, anchor R/L, R (W bk L, bk R, anchor L/R, L);

Repeat Part A (Facing Opposite Direction)

Repeat Part B (Facing Opposite Direction)

PART C

1-4 **WHIP TRN W/INSIDE TRN;; SD WHIP;;**

- (1-2) **{WHIP TRN W/INSIDE TRN }** Bk L, fwd R trng RF to loose CP, sd L/cl R, sd L completing RF trn to fc RLOD (W fwd R, fwd L completing ½ trn to loose CP, bk R/cl L, fwd R); Raising ld hnds leading W to trn LF XRib, sd & fwd L, anchor R/L, R completing full trn to fc LOD (W fwd L starting LF trn und ld hnds, fwd R cont trn ½, anchor L/R, L);
- (3-4) **{SD WHIP}** Bk L, recov R trn ¼ RF to "L" pos trn W to SCP (W fwd R, fwd L trn RF ½ to SCP), Press L fwd as (W bk R/ cl L, fwd R); Hold, recov fwd L, anchor R/L, R (W fwd L start LF trn, cont LF trn sd & bk R, trn LF anchor L/R, L);

5-8 **SUGR PUSH W/EXTRA RK;; CHCKN WKS (4 QK);QK SD BRKS:**

- (5-6) **{SGR PSH}** Bk L, bk R, tap L, fwd L, (W fwd R, fwd L, tap R in bk, rec bk R); Rk bk R, fwd L, in pl R/L, R (W rk fwd L, bk R, in bk L/rec R, rec L);
- (7-8) **{CHCKN WKS (4QK)}** Bk L, R, L, R (W toe out fwd R, L, R, L); **{QK SD BRKS}** On & ct sd L/ sd R, on & ct tog L/ tog R;; On & ct sd L/ sd R, on & ct tog L/ tog R;;

Repeat Interlude

Repeat Part B

PART D

1-4 **WRAPPED WHIP;; SURPRISE WHIP;;**

- (1-2) **{Wrapped Whip}** Bk L join trail hnds, recov R trn RF raise joined lead hnds keep trail hnds at waist level, sd L twd RLOD/ recov R trn RF, cont trn RF to fc LOD sd & fwd L (W fwd R, fwd L, passing under jnd lead hnds fwd R/ cl L, bk R) end in momentary wrapped pos both fc LOD; XRIB trn RF, sd L cont trn RF to fc RLOD release trail hnds, anchor R/L, R (W bk L, bk R, anchor L/R,L) end LOP fcng fc RLOD;
- (3-4) **{Surprise Whip}** Bk L, recov fwd R moving to W's R sd start RF trn ¼ to momentary SCP, sd L cont RF trn ¼ / fwd R, sd L fc LOD (W fwd R, fwd L trn RF ½ to SCP, bk R/ cl L, fwd R); Trn RF to cause W to swvl to SCP chk fwd R, recov L, anchor R/L, R fc ptr & LOD (W swvl RF to chk bk L, recov R start trn under lead hnds RF, finish trn L/R, L fc ptr lead hnds joined);

5-8 **WRAPPED WHIP;; SURPRISE WHIP;;**

- (5-8) Repeat Part D, Measures 1-4 Facing Opposite Direction

END

1-6 **SUGR PUSH ~ CHEEK TO CHEEK;;; PUSH BREAK ~ PASSING TUCK & SPN;;;**

- (1-3) **{SUGR PUSH }** Bk L, bk R to tight BFLY tap L fwd, fwd L (W fwd R, fwd L w/slight RF trn to tight BFLY, tap Rib of L, bk R); Anchor R/L,R, **{CHEEK TO CHEEK}** bk L, fwd R comm RF trn; Lift L knee up cont RF trn touching M's L hip to W's R hip, XLif, trng LF anchor R/L, R to fc ptr & LOD;
- (4-6) **{PUSH BREAK}** Bk L, bk R to two hnds joined low (W stronger steps to be close to M), bk L/ bring R twd L, small fwd L (W stronger step bk R) end with lead hnds joined; anchor R/L, R, **{PASSING TUCK & SPN}** Bk L trng slightly LF, bk R to fc WALL, tch L tucking W in, trng LF fwd L releasing hnds (W fwd R, fwd L trng LF to fc M, tap R, fwd R trng RF 1/2 to fc M); Anchor R/L, R to fc RLOD joining ld hnds, (Anchor stp L/R, L,);
- 7 POINT SD AND HOLD;**
- (7) **{Point Side & Hold}** Point Sd L and hold;

QUICK CUES

INTRO

WAIT;; SWVL BK TO BK; SWVL TO FC;

PART A

**SUGR PUSH;- CHEEK TO CHEEK; PUSH BRK;-
PASSING TUCK & SPN;- HALF WHP;;**

PART A

**SUGR PUSH ~ CHEEK TO CHEEK;;;
PUSH BRK ~ PASSING TUCK & SPN;;; HALF WHP;;**

PART B

U/A TRN TO TRPL TRVLR W/ ROLL ~ SUGR PSH;;;;; TUCK & SPN ~ KBC;;

INTER

TUMMY WHP W/ SWEETHEARTS;;;;

PART A

**SUGR PUSH ~ CHEEK TO CHEEK;;;
PUSH BRK ~ PASSING TUCK & SPN;;; HALF WHP;;**

PART B

U/A TRN TO TRPL TRVLR W/ ROLL ~ SUGR PSH;;;;; TUCK & SPN ~ KBC;;

PART C

**WHIP TRN W/INSIDE TRN;; SD WHIP;;
SUGR PSH W/ EXTRA RK;; CHCKN WKS (4QK); QK SD BRKS;**

INTER

TUMMY WHIP W/ SWEETHEARTS;;;;

PART B

U/A TRN TO TRPL TRVLR W/ ROLL ~ SUGR PSH;;;;; TUCK & SPN ~ KBC;;

PART D

WRAPPED WHIP;; SURPRISE WHIP;; WRAPPED WHIP;; SURPRISE WHIP"

END

**SUGR PUSH ~ CHEEK TO CHEEK;;; PUSH BRK ~ PASSING TUCK & SPN;;;
POINT SD AND HOLD,**