

ROCKIN' YEARS

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Music: Rockin' Years Artist: Dolly Parton & Ricky Van Shelton, Single available for download iTunes, etc.

Time/Speed As downloaded 3:25@45, Speed to 50

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm/Phase: Waltz Phase II Difficulty: Easy

Sequence: A B A B(MOD 1) B(MOD 2) END

INTRO

1-4 (CP/LOD) WAIT 2 MEAS;; DIP BK; REC (SCAR);

- (1-2) {Wait 2 Meas}; ;
- (3) {Dip Bk} in CP bk & slightly sd L, -, - ;
- (4) {Rec} rec R, tch L CP LOD, - ;

PART A

1-6 PROG TWNKL (X3);; MANUV; 2 RT TRNS;;

- (1-3) {Prog Twinkl} XLIF, fwd R trng to BJO DLC, cl L; XRIF, fwd L trng to SCAR DLW, cl R; XLIF, fwd R trng to BJO DLC, cl L;
- (4) {Manuv} commencing RF turn fwd R, continuing turn sd & fwd L to CP RLOD, cl R (W: bk L, sd R, cl L);
- (5-6) {2 Rt Trns} bk L commencing RF turn, bk & sd R continuing turn, cl L; continuing RF turn fwd R, sd & fwd L to CP WALL, cl R;

7-12 BOX (BFLY);; WLTZ AWAY & TOG;; TWRL VN 3; THRU FC CL;

- (7-8) {Box} fwd L, sd R, cl L; bk R, sd L, cl R;
- (9-10) {Wltz Away & Tog} trng to OPEN LOD fwd L, fwd R, cl L; fwd R, trng to face ptr sd L, cl R;
- (11) {Twrl Vn 3} sd L raising lead hand, XRIB, sd L; (W: under joined lead hands sd & fwd R trng 1/2 RF, sd & bk L trng 1/2 RF, sd R);
- (12) {Thru Fc Cl} thru R commencing turn to face ptr, sd L to face ptr, cl R;

13-16 BAL L; REV TWRL 3; THRU TWNKL; THRU FC CL (CP);

- (13) {Bal L} sd L, XRIB (XLIB), rec L;
- (14) {Rev Twrl 3} sd R bringing lead hand thru leading W to turn LF, XLIF, sd R; (W: trng LF under joined lead hands rolling twd RLOD step L, R, L;)
- (11) {Thru Twinkl} thru L, trng to face ptr sd R, trng to OPEN LOD cl L;
- (12) {Thru Fc Cl} thru R commencing turn to face ptr, sd L to face ptr, cl R;

PART B

1-8 L TRNG BOX (BFLY);; TWST BALL & R;; TWST VN 3; FWD FC CL;

- (1-4) {LF Trng Box} in CP fwd L turn 1/4 LF, sd R, cl L; bk R turn 1/4 LF, sd L, cl R; fwd L turn 1/4 LF, sd R, cl L; bk R turn 1/4 LF to CP WALL, sd L, cl R to BFLY;
- (5-6) {Twst Bal L & R} sd L, XRIB, rec L (W:sd R, XLIF, rec R); sd R, XLIB, rec R (W:sd L, XRIF, rec L);
- (7) {Twst Vn 3} sd L, XRIB, sd L (W: sd R, XLIF, sd R);
- (8) {Fwd Fc Cl} fwd R commencing turn to face ptr, sd L to face ptr, cl R;

9-12 WLTZ AWAY; WRAP LADY; FWD WLTZ; THRU FC CL;

- (9) {Wltz Away} trng to OPEN LOD fwd L, fwd R, cl L;
- (10) {Wrap Lady} bringing trail hand back to lead W into a wrapped position fwd R, fwd L, fwd R; (trng LF rolling into a wrapped position LOD step L, R, L;)
- (11) {Fwd Wltz} fwd L, fwd R, cl L;
- (12) {Thru Fc Cl} thru R commencing turn to face ptr, sd L to face ptr, cl R;

13-16 LACE ACROSS; FWD WLTZ; LACE BK; FWD WLTZ TO PK UP (SDCR/LOD);

- (13) {Lace Acrs} trng to LOD raise joined lead hands fwd L, leading W under joined lead hands fwd R to LOPEN LOD, fwd L; (trng to LOD fwd R, crossing in front of M under joined lead hands fwd L, fwd R;)
- (14) {Fwd Wltz} fwd R, fwd L, cl R;

- (15) **{Lace Bk}** raise joined trail hands fwd L, leading W under joined trail hands fwd R to OPEN LOD, fwd L; (fwd R, crossing in front of M under joined trail hands fwd L, fwd R);
- {16} **{Fwd Wltz to P/U SDCR}** fwd R, cl L, sd R moving ptrn to SDCR (W: fwd L, fwd R crossing in front of Man turning LF to Fc RLOD, cl L);

REPEAT PART A

PART B (MOD 1) Repeat B1-15, {16} {Fwd Wltz to Fc} fwd R, fwd L turning to face ptrn, cl R;

PART B (MOD 2) Repeat B1-15, {16} {Fwd Wltz to P/U CP/LOD} fwd R, cl L, cl R (W: fwd L, fwd R crossing in front of Man turning LF to Fc RLOD, cl L);

END

1- 5 2 LF TRNS;; TWRL VN 3; THRU FC CL; SD LUNGE;

- (1-2) **{2 L Trns}** fwd L commencing LF turn, continuing turn sd & fwd R, cl L; continuing turn bk R, continuing turn sd & bk L to CP WALL, cl R;
- (3) **{Twrl Vn 3}** sd L raising lead hand, XRIB, sd L; (W: under joined lead hands sd & fwd R trng 1/2 RF, sd & bk L trng 1/2 RF, sd R);
- (4) **{Thru FC CL}** thru R commencing turn to face ptr, sd L to face ptrn, cl R;
- (5) **{SD Lunge} Lunge sd L,-,-;**

QUICK CUES

INTRO

(CP/LOD) WAIT 2 MEAS;; DIP BK; REC (SCAR);

PART A

PROG TWNKL (X3);; MANUV;
2 RT TRNS;; BOX (BFLY);;
WLTZ AWAY & TOG;; TWRL VN 3; THRU FC CL;
BAL L; REV TWRL 3; THRU TWNKL; THRU FC CL (CP);

PART B

L TRNG BOX (BFLY);; TWST BAL L & R;;
TWST VN 3; FWD FC CL;
WLTZ AWAY; WRP LADY; FWD WLTZ; THRU FC CL;
LACE ACR; FWD WLTZ; LACE BK; FWD WLTZ TO PU (SCAR);

PART A

PROG TWNKL (X3);; MANUV;
2 RT TRNS;; BOX (BFLY);;
WLTZ AWAY & TOG;; TWRL VN 3; THRU FC CL;
BAL L; REV TWRL 3; THRU TWNKL; THRU FC CL (CP);

PART B(MOD 1)

L TRNG BOX (BFLY);; TWST BAL L & R;;
TWST VN 3; FWD FC CL;
WLTZ AWAY; WRP LADY; FWD WLTZ; THRU FC CL;
LACE ACR; FWD WLTZ; LACE BK; FWD WLTZ TO FACE (CP/WALL);

PART B(MOD 2)

L TRNG BOX (BFLY);; TWST BAL L & R;;
TWST VN 3; FWD FC CL;
WLTZ AWAY; WRP LADY; FWD WLTZ; THRU FC CL;
LACE ACR; FWD WLTZ; LACE BK; FWD WLTZ TO P/U (CP/LOD);

END

2 LF TRNS;; TWRL VN 3; THRU FC CL; SD LUNGE;