

# I Dreamt I Dwelt VI

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Choreo: Fred & Linda Ayres, 1413 Rosedown St., Longview, TX, USA, 75604 Tele: [903] 736-5718, ayrespairs@gmail.com

Music: I Dreamt I Dwelt Artist: Ronan Hardiman Album: Michael Flatley's Feet of Flames Available for download as a single at Amazon

Time: As downloaded 3:25 Recommended speed: 41.5

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm: Waltz VI Difficulty: Average

Sequence: INTRO, A, B, C, INTER, A, B, C, END

## INTRO

- 1-4** **(CP/DLC) LD FT FREE WAIT 2 MEAS;; OP REV; BK & CHASSE (BFLY/BJO);**
- (1-2) {CP/DLC wait 2 meas} in CP fc DLC lead foot free wait 2 meas;;
- 123 (3) {Op rev} fwd L trn LF, sd R, bk L in BJO fc DRC;
- 12&3 (4) {Bk & chasse} bk R trng LF, sd L/cl R, sd L trng to BFLY/BJO fc DLW;
- 5-8** **CK FWD, LADY DEVELOPE; BK & CHASSE TWRL (CP/DRW); CONTRA CK; BK & CHASSE (BOL BJO/DLW);**
- 1-- (5) {Ck fwd lady developpe} ck fwd R shaping to ptr, -,- (XLib of R, lift R leg up inside of L leg, extend R leg fwd w/ toe pointed down);
- 12&3 (6) {Bk & chasse twirl} bk L trng RF lifting lead hnds to cause W to twirl RF, sd R/ cl L, sd R to CP (fwd R comm ¼ RF trn, trning under lead hnds bk L cont RF trn/ fwd R to fc ptr, sd L) fc DRW;
- 1-- (7) {Slo contra ck} lower keeping hips up to ptr fwd L in contra body movement w/R sd ldg and cont bringing R sd thru to ext over meas looking twd but over W (head well to L),-,-;
- 12&3 (8) {Bk & chasse} bk R trng LF, sd L/cl R, sd L to BOL BJO/DLW;

## PART A

- 1-6** **BOL BJO I/O RUNS (4X);;; to BOL BJO/DLW; OPEN NAT TRN; OUTSD SPN;**
- 123 123 (1-2) {BOL BJO i/o runs} fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn to CP RLOD, cont RF trn bk & sd R to BOL BJO DRC (bk L comm RF trn, cont RF trn sd & fwd R between M's feet, w/L sd leading fwd & sd L) still in BOL BJO POS; Bk L DLW comm RF trn, cont RF trn sd & fwd R between W's feet, w/L sd leading fwd & sd L (fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, cont RF trn bk & sd R) still in BOL BJO POS;
- 123 123 (3-4) Repeat measures 1-2 Part A ending in BOL BJO/DLW
- 123 (5) {Open nat trn} blending to BJO fwd R trn RF, sd L, bk R with R sd leading BJO RLOD (bk L trng RF, sd R, fwd L outside ptr w/ L sd leading to BJO);
- 123 (6) {Outsd spn} using strong RF rotation small bk L toe turned in, fwd R around W heel lead rising to toe cont RF trn, cont RF trn bk & slightly sd L (fwd R around M, cl L to R for toe spn, fwd R between M's feet) to CP RLOD;
- 7-10** **R TRNG LK (SCP); SLO SD LK; SPLIT RONDE; CONTRA CK REC & SD to BJO;**
- 1&23 (7) {R trng lk} with R sd ld bk R/ lk LIF of R, trn RF to step fwd R btwn W's ft trn RF to SCP, fwd L in SCP DC (with L sd ld fwd L/ XRIB of L, across M fwd L pivot RF to SCP, fwd R in SCP);
- 123 (123&) (8) {Slo sd lk} thru R, fwd & sd L comm LF trn leading W to swing in front, cont trng LF lk RIB of L (lk LIF of R/small bk & sd R to CP DLC) to CP DLC;
- 23 (-2&3) (9) {Split ronde} lower strongly into R knee & push L fwd on floor w/1/8 LF body rotation ronde L CCW, XLIB of R & rise rotating LF releasing R knee from ptr, cont LF trn bk slp R past L foot (lower strongly into R knee & push L fwd on floor ronde L CCW, XLIB of R rotating LF/cont LF trn sd R, cont LF trn slp fwd L) completing ½ LF trn to CP DRW;

- 123 (10) {**Contra ck rec & sd**} lower keeping hips up to ptr fwd L in contra body movement w/R sd leading looking toward but over W (**head well to L**), rec bk R. sd L to BJO DLW;
- 11-16      CONT HVR X;;; TELE (SCP); THRU CHASSE (BJO); CLD WING;**
- 123 123 123 (11-13) {**Cont hvr X**} fwd R outsd W trng RF, sd L fc RLOD, cont trng sd & fwd R (**bk L pull R past L trng RF, trng on L heel cl R to L cont on R, bk L**); Fwd L, cl R stretching L sd lead W across body, bk L BJO (**bk R behind L, sd L, fwd R BJO**); Bk R slight trn LF, sd & fwd L DLC, fwd R CBJO DLC (**fwd L trn LF, sd & bk R, bk L**);
- 123 (14) {**Tele**} comm LF trn fwd L DLC, fwd & sd R cont LF trn (**cl heel trn**), sd & fwd L to SCP DLW;
- 12&3 (15) {**Thru chasse**} thru R, sd L/cl R, fwd & sd L to BJO DLW;
- 1-- (123) (16) {**Cld wing**} fwd R LOD, then trng LF lead W, over to your left sd (**bk L, trng LF sd & slightly bk R moving across in front of M, small fwd L checking outside ptr**) to end in SDCR DLC;

**PART B**

- 1-4      REV FALWY & SLP (DLW); CHG OF DIR; TELESPN (SCP);;**
- 1&23 (1) {**Rev falwy & slp**} fwd L start LF trn/sd & bk R cont LF body trn to SCP, bk L well under body in SCP rise in L leg, trn LF to slp R past L with small step bk cont LF trn to pivot ¼ end CP DLW (**bk R/ bk L, bk R rise & trn LF, to slp L fwd & cont LF pivot to CP**);
- 12- (2) {**Chg of dir**} fwd L, fwd R toe pointing LOD comm LF trn, cont LF trn touch L to R to CP DLC;
- 123 -23 (&123) (3-4) {**Telespn**} fwd L comm trn LF with R sd stretch, fwd & sd R cont trn, sd & bk L with partial wgt keeping L sd fwd twd W; spn LF taking full wgt to L no sway, sd R cont trn no sway, fwd L to SCP DLW (**bk R trn LF, bring L to R heel trn, fwd R cont trn; keep R sd in twd M fwd L/ trng LF fwd R, cont trn toe spn & cl L, fwd R to SCP DLW**);
- 5-8      CRVD FTHR; OUTSD CHG (SCP); THRU PROM SWAY; CHG OVRSWAY;**
- 123 (5) {**Crvd fthr**} fwd R start curve RF around W, sd & fwd L around W, fwd R to CBJO DRW (**fwd L, sd R, bk L to BJO**);
- 123 (6) {**Outsd chg**} bk L, bk R blending to CP trng LF, cont LF trn sd & fwd L to BJO DLW;
- 12- (7) {**Thru prom sway**} thru R, sd & fwd L, stretch body upward to look over joined lead hands in SCP LOD;
- (8) {**Chg ovrsway**} relax L knee slightly keeping R leg extended, with slight LF trn stretch L sd of body swvling W's R ft to CP, look toward & over W cont to sway (**head well to L**) now in CP DLW;

**PART C**

- 1-5      FALWY RONDE & SLP; TELE (BJO); MANUV; SPN & TWST to SCP;;**
- 123 (1) {**Falwy ronde & slp**} sd & bk R trng slightly RF leading W to ronde as you ronde L ft CCW, XLIB of R underneath body rising & trng slightly LF, bk R (**sd & fwd L trng RF ronde R ft CW, XRIB of L underneath body rising & trn LF on R toe, fwd L**) to CP DLC;
- 123 (2) {**Tele**} comm LF trn fwd L, fwd & sd R cont LF trn (**cl heel trn**), sd & fwd L (**sd & bk R**) to BJO DLW;
- 123 (3) {**Manuv**} fwd R in BJO stretch L sd, fwd & sd L to fc RLOD, cl R to L to CP RLOD;
- 123 -23 (123 &123) (4-5) {**Spn & twst**} bk L toeing in and pivot ½ RF, fwd R heel ld between W's feet cont RF trn, sd & bk L to CP RLOD/lower slightly and hook Rib of L w/ partial wt for twist trn; Unwind RF, cont RF unwind rising to R toe in CP DLW, sd & fwd L (**W run around M fwd L/fwd R, fwd L brush R to L trng RF square to M, sd & fwd R**) to SCP DLC;
- 6-10      WEAVE 6 (BJO); MANUV; SPN TRN; BOX FIN;**
- 123 123 (6-7) {**Weave 6**} thru R DLC, fwd L trng LF to CP, cont LF trn sd & bk R to CBJO DRC; Bk L (**fwd R outside ptr**), bk R blending to CP trng LF, cont LF trn sd & fwd L to BJO DLW;
- 123 (8) {**Manuv**} repeat meas 3 Part C
- 123 (9) {**Spn trn**} bk L toe in pivot ½ RF, fwd R cont pivot 1/8 RF to rise heel to toe, bk L CP DLW (**W fwd R pivot ½ RF, bk L pivot 1/8, fwd R in CP**);
- 123 (10) {**Box fin**} bk R comm LF trn, sd & bk L cont LF trn, cl R to L to CP DLC;

	<b>11-14</b>	<b><u>TELESPN (CP/RL0D);; BK CHASSE (BJO); MANUV;</u></b>
123 -23 (123 &123)	(11-12)	{ <b>Telespn</b> } fwd L comm LF trn, fwd & sd R past ptr cont LF trn ( <b>cl L heel turn</b> ), sd & slightly bk L LOD partial wgt to face DRW ( <b>fwd R LOD head closed to L</b> ); Cont LF trn thru hip & upper body to lead W fwd/transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, bk L ( <b>fwd L heel lead moving around the M on his L side/fwd &amp; sd R trng LF square to M at end of step, cl L to R toe spn, fwd R</b> ) to CP RL0D;
12&3	(13)	{ <b>Bk &amp; chasse</b> } bk R comm LF trn, sd & fwd L cont LF trn pointing L toe DLW/cl R to L, sd & slightly fwd L to BJO DLW;
123	(14)	{ <b>Manuv</b> } Repeat measure 3 Part C

#### INTER

	<b>1-4</b>	<b><u>RUNNING SPN; SYNC BK PU LK; OP REV; BK &amp; CHASSE (BFLY/BJO);</u></b>
12&3	(1)	{ <b>Running spn</b> } bk L toe in pivot 1/2 RF, fwd R pivot 1/4 RF/ bk & sd L cont pivot LF to fc DRW, bk R with R sd ld fc BJO DRW ;
123&	(2)	{ <b>Sync bk pkup lk</b> } Bk L, bk R, swing body to trn LF & bring W past you to pick-up sd & fwd L/lk RIB of L CP DLC;
123	(3)	{ <b>Op rev</b> } repeat meas 3 Intro
12&3	(4)	{ <b>Bk &amp; chasse</b> } repeat meas 4 Intro
	<b>5-8</b>	<b><u>CK FWD, LADY DEVELOPE; BK &amp; CHASSE TWRL (CP/DRW); SLO CONTRA CK; BK &amp; CHASSE (BOL/BJO/DLW);</u></b>
1--	(5)	{ <b>Ck fwd lady develope</b> } repeat meas 5 Intro
12&3	(6)	{ <b>Bk &amp; chasse twrl</b> } repeat meas 6 Intro
1--	(7)	{ <b>Slo contra ck</b> } repeat meas 7 Intro
12&3	(8)	{ <b>Bk &amp; chasse</b> } repeat meas 8 Intro

#### REPEAT PART A

#### REPEAT PART B

#### REPEAT PART C

#### END

	<b>1-5</b>	<b><u>RUNNING SPN; SYNC BK PKUP LK; TELE (SCP); NAT FALWY WEAVE (BJO);;</u></b>
12&3	(1)	{ <b>Running spn</b> } repeat meas 1 Inter
123&	(2)	{ <b>Sync bk pkup lk</b> } repeat meas 2 Inter
123	(3)	{ <b>Tele</b> } repeat meas 14 Part A
123 123	(4-5)	{ <b>Nat fallway weave</b> } thru R comm RF trn, fwd L cont trng RF, bk R ( <b>thru L, fwd R toe pointing to M's L instep trng RF, bk L</b> ) to SCP DRW; Bk L, trng W to CP bk R trng LF, cont LF trn sd & fwd L ( <b>bk R, trng LF to CP slp fwd L, cont LF trn sd &amp; bk R</b> ) to BJO DLW;
	<b>6-9</b>	<b><u>NAT PIV PREP; SM FT LUNGE; REC SWVL LADY TO HINGE LINE &amp; EXT;;</u></b>
12- (123)	(6)	{ <b>Nat piv prep</b> } fwd R outside ptr comm RF trn, fwd & sd L cont RF trn to fc COH, w/ L sd leading touch R to L ( <b>bk L comm RF trn, cl R to L heel turn, swiveling slightly RF on R small sd &amp; bk L in prep position head open to R looking RL0D</b> );
1--	(7)	{ <b>Sm ft lunge</b> } Lower on L with slight L sway/reach sd R toe pting DLC, cont to transfer all weight to R w/soft knee, stretch upward and sway R ( <b>XRIB of L well underneath body keeping wgt off heel allow M to turn your head well to L</b> );
1-- ---	(8-9)	{ <b>Rec swvl lady to hinge line &amp; ext</b> } rec L, trng W LF to CP DRC, slowly comm to relax L knee ( <b>rec L, swvl 1/4 LF and place R hand on M's L shoulder</b> ); Cont to relax L knee & extend the line through meas w/slight sway R as you both extend L arms out to sd looking twd and over W ( <b>head now well to L</b> );

## **QUICK CUES**

### **INTRO**

(CP/DLC) LD FT FREE WAIT 2 MEAS;; OP REV; BK & CHASSE (BFLY/BJO); CK FWD, LADY DEVELOPE;  
BK & CHASSE TWRL (CP/DRW); SLO CONTRA CK; BK & CHASSE (BOL BJO/DLW);

### **PART A**

BOL BJO I/O RUNS (4X);; to BOL BJO/DLW; OPEN NAT (BJO); OUTSD SPN; R TRNG LK (SCP); SLO SD LK; SPLIT RONDE; CONTRA CK REC & SD to BJO; CONT HVR X;; TELE (SCP); THRU CHASSE (BJO); CLSD WING;

### **PART B**

REV FALWY & SLP (DLW); CHG OF DIR; TELESPN (SCP);; CRVD FEA; OUTSD CHG (SCP); THRU PROM SWAY; CHG OVRSWY;

### **PART C**

FALWY RONDE & SLP (DLC); TELE (BJO); MANUV; SPN & TWST to (SCP);; WEAVE 6 (BJO);; MANUV; SPN TRN; BOX FIN; TELESPN (CP/RLOD);; BK CHASSE (BJO); MANUV;

### **INTER**

RUNNING SPN; SYNC BK PU LK; OP REV; BK & CHASSE (BFLY/BJO); CK FWD, LADY DEVELOPE;  
BK & CHASSE TWRL (CP/DRW); SLO CONTRA CK; BK & CHASSE (BOL BJO/DLW);

### **PART A**

BOL BJO I/O RUNS (4X);; to BOL BJO/DLW; OPEN NAT (BJO); OUTSD SPN; R TRNG LK (SCP); SLO SD LK; SPLIT RONDE; CONTRA CK REC & SD to (BJO); CONT HVR X;; TELE (SCP); THRU CHASSE (BJO); CLSD WING;

### **PART B**

REV FALWY & SLP (DLW); CHG OF DIR; TELESPN (SCP);; CRVD FEA; OUTSD CHG (SCP); THRU PROM SWAY; CHG OVRSWY;

### **PART C**

FALWY RONDE & SLP (DLC); TELE (BJO); MANUV; SPN & TWST to (SCP);; WEAVE 6 (BJO);; MANUV; SPN TRN; BOX FIN; TELESPN (CP/RLOD);; BK CHASSE (BJO); MANUV;

### **END**

RUNNING SPN; SYNC BK PU LK; TELE (SCP); NAT FALWY WEAVE (BJO);; NAT PIV PREP; SM FT LUNGE; REC SWVL LADY TO HINGE LINE & EXT;;